

PROCESS RECORDING

Student's Name: Kevin Hull

Date: 11/21/2016

Number of sessions with this client: 7

Client name: Adam

Field Instructor's Comments	Interview Content	Feelings/Reactions
<p>Nice! Like they say, there are things you don't discuss at dinner parties... have politics could cause more harm than good, eh? Glad we responded well to this.</p>	<p>Record <u>word</u> for word (to the best of your ability) what happened during the interview (or the selected segment of the interview), including both verbal and nonverbal communication.</p> <p>K: How was the quiz?  A: Hard  K: What was is on?  A: The three branches...  K: Of government..?  A: Yeah.  K: On my! Have you talked about the current election at all in class?  A: Oh yeah a ton.  K: Let's not get into that discussion...  A: I agree.  K: So have you gotten your physical for wrestling yet?  A: Not yet. It is scheduled right before the 30<sup>th</sup>.  Like the 29<sup>th</sup> maybe when we get back to school.  K: Yeah. I just really want you to be able to wrestle.  A: They have not called either, which is stupid because last time they called earlier then now.  K: Have you tried calling them?  A: They don't give you the number. You just give them your number and they will call you.  A: They are supposed to call you and tell you if you are in or not and if they don't you can actually bring them to court and sue them.  A: Unless my mother thought the number was</p>	<p>What else is the client feeling  What else are you feeling  What else might you have done</p> <p>I really hope he gets it done because he is so excited to wrestle</p> <p>I do not think that is how it works.</p> <p>I am so confused</p>

You might check to see if he is cool with this, just in case this comes into play about self-determination.

Where do you think it would lead otherwise? Maybe he's going with this because it's important to him... roll with it! Always room to move later.

the school number which it is not, it is a different website as well. I am pretty sure I made it. Not a lot of people do wrestling at all, because wrestling is not that popular like football. The only wrestling you see on TV is the fake stuff.

K: Do you have try-outs?

A: No they take everyone.

K: So you just sign-up

A: Yeah you sign-up and you practice and if you don't practice well enough they kick you off, if you don't have good grading they kick you off...

K: Mmmhmm

A: ...that is mainly all there is to wrestling basically. You have to be a decent size to do wrestling. You can't be like skinny, like some people I know that try to do wrestling, because you can easily get hurt. Like say I try to pin him...

K: Mmmhmm

A: ...using a standing pin their necks because there is not a lot of muscle could snap, just by rolling them up because how small they are.

K: The smaller guys are in smaller people though, because their are weight classes

A: Weight classes yeah

A: Well you don't really need weight class though because if you are a 100 pound dude and you are wrestling a 400 und dude you could still flip him over your shoulder, because wrestling like judo focuses on nerve joints. Wrestling focuses on the joints, if you don't lock it in they

I am still confused; I will talk to his mother about the physical.

I really hope everything works out.

I do not know much about wrestling but I like sports.

I think I should try to change the topic to something more important, but I like have the clients lead the session and conversation. Is this a good technique or not?

can get out.

K: Are you excited to start?

A: Yeah because I will get out of the house and some of my friends are doing it too

K: Should be fun.

A: Yeah it should be fun but I am embarrassed about my body type. Because I have like stretch marks from losing weight. I have them on my arms and my stomach. The ones on my stomach won't show in the singlet, but the ones on my arms will...

K: Mmmmmhmmmm

A: ...and stretch marks don't go away. You can fade them but they usually don't go away. That is probably the only thing I am nervous about...

K: Mmmhmm.

A: ...because they don't allow you to wear a t-shirt under the singlet. You have to wear the singlet only. They are comfy and easy to move in.

K: I am sure a lot of kids will have stretch marks.

A: A lot of people do.

K: I know I do. I have them on my legs.

A: I have some on my legs but mostly my arms and stomach. The ones on my legs are not that dark.

K: Yeah. Has anything happened at home since last time we met?

A: Umm not much.

K: Last week we had a short meeting and you talked about all the world war two stuff you found in your great grandmothers house.

He seems very excited about wrestling and I am happy for him.

I feel so bad.

I think it was important to reassure him that he is not alone and a lot of people have stretch marks even me.

Did this seem to help?

Sounds like you + we are building a good rapport. What's making you feel bad here?

Interesting shift - what you noticed was first we got pretty into emotions but were we drew back and changed course.

Back to emotions - do you think we's noticing the dynamic shift as much as you are?

A: There was one thing with my father.

K: Alright.

A: He went to a bar I think, and he had my mother bring him his stupid power wheel chair. So me and my brother had to pick it up and put into the back of her truck.

K: Okay

A: Then I had to watch my little sister and she took my brother to the bar, to help her unload the stupid thing. And he drove all the way home on that thing and left it in the driveway.

A: I had to go to school the next morning and my bus stops right near my house. People can look and see the thing. Obviously, I do not want anyone to know about my father being handicap, because it is stupid it is embarrassing.

K: Have you talked to him about it?

A: He never listens to me he doesn't care. My parents are older, compared to my age they are a lot older. Especially, for my younger sister they are a lot older and it is embarrassing because a lot of my friends have younger parents, like in there thirties. They had like teen pregnancies, while my mother had us at like normal age.

A: I know they are joking around...

K: Mmmhmm

A: ...but sometimes it still hurts, you know because my parents are older and they make fun of me for having older parents. And if I would to ever talk about their parents I would hit a land mine because they had teen pregnancies and it was probably not on purpose. But I do not do that because that is mean. But they are allowed

Again I feel bad. Today he seems to be expressing a lot of feelings around embarrassment, which he has not done much in the past. I will keep an eye one that in the coming sessions.

That was a quick, change of topic... maybe he did not want to talk about his past discussions with his father.

Kids can be so mean. If they only know what this kid is going through I doubt they would be making fun of him.

Great!

You've got the "shoulds" going on... remember it is ok for us to be human and make missteps, how might you have responded in a way that you feel is more appropriate/thoughtful?

to talk about my parents. It just makes me upset and angry.

K: Have you talk to them about it?

A: No not really. I have made some comments but not really. It just hurts. My mother is trying her best to raise five kids on her own, because my older brother's father as never there, Oliver was around, but then he left...

K: Who is Oliver?

A: My older sister's father

K: Okay

A: And then there is my father, and he does nothing, you know, probably the only thing he does for us is cook. If I could cook I would cook, but I can't cook. And I don't have a job either so I can't buy food.

K: You could learn?

A: I could but I can't buy food

K: Maybe you could take the cooking class here.

A: Maybe. Both my mother and father are not employed either, my mother is planning on getting another job, but she needs to get rid of my father first.

A: That is basically, all that happened his week.

K: So you stayed home with your little sister, when your mom and brother went to drop off your dad's wheelchair.

A: Yeah, I don't know why she didn't take me because I am stronger and older. I could have helped her lift the wheelchair out of the truck better and my little brother should not be at a bar at that time.

K: Maybe she thought it would be better if you

He does not seem to express his feelings to anyone but me. Which is common among teenagers and I have been working on that with him.

Opps. I should not have said that because I know they are finically unstable and the food they get should be made by someone that will not make mistakes.

It is because she trusted you with your little sister more than your little brother.

stayed home with your little sister.

A: Yeah, but my older sister was home at the time, but she was asleep because she had to work earlier the next day. She has to work at 3 in the morning a lot.

K: Mmmhmmmm

A: We have a kid in the house. She needs an adult figure. I am not an adult, I am a teenager and I am already taking care of a kid.

K: Mmmhmmmm.

A: So plus I have child development and I get to take home the child soon, on December 19<sup>th</sup> and 20<sup>th</sup>, and I cannot have her touch it because I do not want her to drop it or something and have me fail and not be able to get into child development two. And that is when you get to run around and play with the preschoolers in the day care.

K: Mmmhmmmm. Are you going to talk to them before bring it home?

A: Yeah, I have to.

K: How do they judge and know if you did a good job?

A: They have some computer software and I have to wear a bracelet or something.

K: That is really cool

A: Yeah. It is a lot of work. You have to feed it, burp it, change it dipper.

K: It will teach you want it is like to have a real child.

A: Yup exactly. My father makes fun of me for liking child development but I just tell him, it is good to learn because I will have my own

This is great because in the past he has stated to me that he is his younger sibling father figure and that is giving his a lot of pressure and stress that he does not want. In my opinion, this statement shows that he is trying to leave that role, which will be a huge burden off his shoulders.

I really hope it works out with the baby because he has expressed to me multiple times that he is super excited to be in child development two.

That sounds very difficult and I know I could not do it.

Again his dad seems so rude and mean, you should support your child no matter what he enjoys.

Sounds like this is a really positive chance for him to focus on something outside of family turmoil. You are asking questions to try to understand + support + it seems like he is responding really well to this.

It's a good thing to have a point of reference + idea or opinion... just be careful of biases or other clouds of judgment.

children someday.