

## Helping Relationship Project 2014 - 2015 Group Notes

<b>Student name: Kevin Hull</b>		
<b>Hours completed this week: 6 hours</b>		<b>Hours to date: 26 hours</b>
<b>Group: Death Survivors</b>		<b>Date/time of group session: March 10, 2015</b>
<b>Date/time of next supervision meeting: March 17, 2015</b>		
<p><b>DESCRIPTION OF GROUP</b>  <i>Make sure to <u>disguise all personal information</u>. Give a <u>very</u> general and brief description of the group, including the # of members, how many attended this session, and a very general description of group members' reasons for involvement in the agency's services.</i></p> <p>The Death Survivors are a group of young teens between the age of 12 and 13. We have a total of 10 members, 4 boys and 6 girls. Each child within my group has experienced the death of a significant person in their life. For this session we had a total of 5 members, 2 girls and 3 boys.</p>		
<p><b>PURPOSE</b> (1-3 bullets/sentences)  <i>What was the plan or purpose for <u>this</u> group meeting? Briefly explain how this meeting fit into the <u>overall purpose of the group</u>.</i></p> <p>The purpose if this plan was to have the children share their story of the person that died. In my opinion this is the hardest topic for the children to talk about and they usually are very hesitant to tell their story.</p>		
<p><b>What happened during the meeting?</b>  Describe what the worker said/did, as well as what the group members said and did. Use objective language.</p>	<p><b>What were your thoughts/feelings?</b>  Try to recall and describe how you felt/and what you thought AT THE TIME.</p>	<p><b>Your analysis</b>  Looking back on what happened (what was said, <u>how</u> it was said, nonverbal behavior, etc.) what do you think is important to note? What skills did you use or see being used?</p>
<p>I started this meeting off by telling them that the topic for this session is telling our story, and I know it can be difficult. After I talked about this we did our opening activity which consists of throwing volleyball around in a circle and writing your favorite band or music group. After this opening activity, we came back to the circle to tell our story. I wanted to try to see if I could get the children to tell their story by just talking without an activity. So, I first went around the circle and had all the children say who they lost. Then I asked them to tell the toughest thing since the death, and "N" was the only one that shared. She said, "the hardest thing is that my dad will never comeback." After I asked the group to share a fun or happy memory with the person that died. When I asked this question there</p>	<p>I was alone this meeting and covering one of the toughest topics. But I felt confident going into the group. When the group remained silent it was very awkward, but I remained silent to see if they had anything to say. After there was a great amount of silence I switched to the drawing activity. I felt that this activity was very successful and most of the group shared but they shared with very minimal emotion which was disturbing to me. I feel that they seemed disconnected for multiple reasons: they do not know how to process feelings, they want to save face, and they are trying to remain strong for their family.</p>	<p>I had to use many skills this session. First, communication because I had to explain all of the activities clearly.</p> <p>I had to connect how "N" was feeling to the rest of the group so that she did not feel alone.</p> <p>I had to think on my feet and change the plan when the group</p>

<p>was silence, so I quickly changed my pace and had the children draw or write the moment they found out their special person died. This activity went very well and every member of the group shared their drawings and writings, however, it seemed that they were reading their stories with no emotion. After we shared I felt they needed a break so I choose to play Uno to lighten up the mood.</p>		<p>was not cooperating with the original activity.</p>
<p><b>SELF ASSESSMENT</b> (1 brief paragraph)  <i>What went well? What did not go as well as you had hoped/planned? What could you have done differently?</i>  I feel that this meeting could have gone south very quickly, however, I thought on my feet and changed my plan, and the changes lead to a very successful meeting. Yet, at the same time I would have changed addressing their disconnection when telling their story.</p>		
<p><b>PLAN</b> (1-3 bullets/sentences)  <i>Based on what occurred during this meeting and your analysis of the group meeting, what are your plans for the next group meeting?</i>  At the end of this meeting I asked the children to bring in an item that reminds them of the person that died, so that this meeting will flow smoothly into next meeting. I feel if the children feel like the meetings flow, they will become more comfortable and share more often.</p>		
<p><b>SUPERVISION TOPICS</b> (2 bullets/sentences )  <i>What concerns do you have? Please note at least two questions, topics, or issues of concern for your next supervision meeting, based on your work with this group.</i></p> <ul style="list-style-type: none"> <li>• How to make the kids tell their stories?</li> <li>• When there is silence should I just sit there like I did or should I move quicker?</li> </ul>		