# Helping Relationship Project 2014 - 2015 Group Notes

Student name: Kevin Hull		
Hours completed this week: 5	Hours to date: 12	
<b>Group: Death Survivors (possible change)</b>	Date/time of group session: February 10, 2015	

Date/time of next supervision meeting: February 17, 2015

## **DESCRIPTION OF GROUP**

Make sure to <u>disguise all personal information</u>. Give a <u>very</u> general and brief description of the group, including the # of members, how many attended this session, and a very general description of group members' reasons for involvement in the agency's services.

The Death Survivors are a group of young teens between the age of 12 and 13. We have a total of 13 members, 5 boys and 8 girls. Each child within my group has experienced the death of a significant person in their life. For this session we had a total of 5 members, 3 girls and 2 boys.

## **PURPOSE** (1-3 bullets/sentences)

What was the plan or purpose for <u>this</u> group meeting? Briefly explain how this meeting fit into the <u>overall</u> <u>purpose of the group</u>.

The purpose of this meeting was to build a bond with the group because it was the first time we split into small groups. My co-facilitator and I thought it would be a good idea to create a flag as we did last time, however, she could not make the meeting and she has the supplies, so my other co-facilitator and I had to come up with a plan on the fly, but it went well overall.

What happened during the	What were your	Your analysis
	· ·	1
meeting?	thoughts/feelings?	Looking back on what happened
Describe what the worker	Try to recall and describe how	(what was said, <u>how</u> it was said,
said/did, as well as what the group	you felt/and what you thought AT	nonverbal behavior, etc.) what do
members said and did. Use	THE TIME.	you think is important to note?
objective language.		What skills did you use or see
		being used?
My co-facilitator and I had to		
come up with a plan on the fly.		
We thought it would be a good		Had to be able to think on my feet
idea to keep tonight light seeing as		and come up with a plan quickly.
it was the first time breaking into		
small groups for this session and		
we have many new members of		
the group. We first started by	We have three talkative children	
going around the circle and saying	and three quiet children	
our name and how our day was	1	
going, then we began our first		Had to both be a part of the group
activity. After we got to know		and the facilitator of the group.
each other a little bit, we began		This takes a lot of communication
our next activity which consisted	I really like this idea, I'm going to	and the ability to read the
of throwing a beach ball around in	remember this activity for the	emotions of the children.
a circle and writing your favorite	future	chiotions of the chiraren.
food on it, then the second time	Tuture	
around we asked for their favorite		
animal. After, this activity we		
wanted to do another activity that	*1 11 11	
would help to get to know the	I love this game, and the children	

children even more. We played the basketball ball game where the children and co-facilitators attempt to throw a ball into a basket and when it is made they have to ask a question to the group. The questions were "tell a good dinner memory," or "tell a good birthday memory." Then we finished the group with the simple game of two truths and a lie.

seem to be happy and listening... somewhat.

When different members of the group were getting distracted, my co-facilitator made rules about not throwing the ball when others were talking and I feel that I was not only being a friend figure but also an adult figure.

## SELF ASSESSMENT (1 brief paragraph)

What went well? What did not go as well as you had hoped/planned? What could you have done differently?

Without a plan going in because one of the group facilitators could not make the meeting, I feel that group went very smoothly and natural. This group meeting was not intended to get any information about the person they lost, but it was more to get basic information so that the children began to feel more comfortable. Next group we will try to get some of the stories out of the children in group, but we will see how that goes.

## PLAN (1-3 bullets/sentences)

Based on what occurred during this meeting and your analysis of the group meeting, what are your plans for the next group meeting?

- Create a team flag and a team name to create a sense of group identity
- Create a plan that brings out the stories of the children.

## **SUPERVISION TOPICS** (2 bullets/sentences )

What concerns do you have? Please note at least two questions, topics, or issues of concern for your next supervision meeting, based on your work with this group.

- How one of your group members was in the teen group without anyone knowing, that was mistake on our end.
- How to get stories out of the children so early on in the group.